

Meet our Mentors



Martina Ochel

LEADERSHIP SKILLS

“Be yourself and not what you believe others want you to be”



Ulrike Nußbaum

CAREER PLANNING

“Always take a stand for yourself and your values”





Martina Ochel

LEADERSHIP SKILLS

Martina is an executive leader with over 30 years work experience within the pharma industry, 20 of which were spent in leadership positions. Her career has seen her work in many different cultural settings on both sides of the Atlantic, in countries such as Germany, France and the United States. As a female leader working in a predominantly male leadership environment she developed a passion for promoting gender diversity initiatives and supporting female leaders to succeed. This has led her to co-found Sanofi's Gender Network and to share her leadership experience, engaging with female leaders in a mentoring capacity.

She is a true believer in the power of mentoring and is excited to sharing her experience as a leader and continuing to grow herself through this shared experience.



Ulrike Nußbaum

CAREER PLANNING

Ulrike has enjoyed a 15 year HR Consultancy and Talent Development career with Mercuri Urval, following which she holds the leadership role of Talent Development Solutions Director with LHH. Throughout her career as a leader in the IT/TK industry she also led sales teams and in her current role she partners with HR leaders across all industries.

She is a highly experienced Coach and Facilitator, holds Diplomas in Coaching and Psychometric Testing. With her extensive background, Ulrike is passionate about developing female leaders to build better careers.

Online Group Mentoring sessions topics



CAREER PLANNING

- Introduction
- Your vision, goals and strengths
- Work at the right level
- Influence your network
- Self confidence and presence
- Strategic communication to influence up



FEMALE LEADERSHIP WANTED

- Introduction
- Leading through empowerment
- Self-Awareness & Self-Marketing
- Networking - why, how, when, with whom?
- Impact of the cultural environment
- Leadership and family - possible?!